

INGREDIENTS GUIDE

FOR USE IN UK LOCATIONS ONLY

MEAT

Bacon	Pork, acidity regulator: Sodium Lactate, Salt, Sugar, stabilisers: Triphosphates, antioxidant: Sodium Izoascorbate, preservative: Sodium Nitrite.
Beef Burger Patty	Ground Beef.
Hot-dog	Beef, Water, Salt, Spices, Spice extracts, stabilisers: Disodium Dihydrogen Diphosphate, Sodium Acetate; Glucose syrup, Dextrose, Seasoning, antioxidant: Ascorbic acid, preservative: Sodium Nitrate, SOY protein, Beech wood smoke.

BUN

Burger Bun	Our bread is a proprietary recipe. The primary ingredients are: WHEAT flour, Water, Sugar, Vegetable fats, MILK , Dry yeast, EGGS , GLUTEN , SEASAME seeds, Salt, SOYA flour acidity regulator Calcium Carbonate, Spirit vinegar.
Hot Dog Bun	Our bread is a proprietary recipe. The primary ingredients are: WHEAT flour, Water, Sugar, Vegetable fats, MILK , Dry yeast, EGGS , GLUTEN , Salt, SOYA flour acidity regulator Calcium Carbonate, Spirit vinegar.

FRIES

Five Guys Style	Potatoes, PEANUT oil, Salt.
Cajun Seasoning	Garlic, Salt, Onion, Paprika, Oregano, White pepper, Cayenne pepper, CELERY seeds, Rapeseed oil.

TOPPINGS

BBQ Sauce	Distilled Vinegar, Sugar, Tomato Paste, Water, Molasses, Salt, MUSTARD Bran, Tamarind Extract, Smoke Flavouring, Preservative: Sodium Benzoate, Spices, Garlic Powder, Onion Powder.
Cheese	Cheddar Cheese (MILK), Water, Butter (MILK), Cheese (MILK), MILK Proteins, Whey powder (MILK), Emulsifying Salt (Trisodium Citrate), Natural Cheese flavouring (MILK), Salt, acidity regulator: Lactic acid, preservative: Sorbic acid, Colours: Beta-carotene, Paprika extract, anticaking agent: Sunflower Lecithin.
Green Peppers	Green Peppers.
Grilled Mushrooms	Mushrooms, Water, Sugar, Salt, acidity regulators: Citric acid, Ascorbic acid.
Hot Sauce	Cayenne Red Peppers, Distilled Vinegar, Water, Salt, Garlic powder.
HP Brown Sauce	Tomatoes, Malt vinegar (GLUTEN), Molasses, Glucose-fructose syrup, Spirit vinegar, Sugar, Dates, Corn flour, Rye flour (GLUTEN), Salt, Spices, Flavourings, Tamarind.
Jalapeño Peppers	Jalapeño Peppers.
Tomato Ketchup	Tomatoes, Spirit Vinegar, Sugar, Salt, Spice and Herb Extracts (CELERY), Spice.
Lettuce	Lettuce.
Mayo	Soy oil, EGG yolk, spirit vinegar, sugar, apple cider vinegar, salt, ground MUSTARD seeds, antioxidant (calcium disodium EDTA), spice.
Mustard	Spirit Vinegar, Water, MUSTARD Seed, Salt, Turmeric, Paprika, Spice, Flavouring, Garlic Powder.
Onions	Onions.
Pickles	Cucumbers, Water, Spirit vinegar, Salt, firming agent: Calcium Chloride, acid: Lactic Acid, preservative: Sodium Benzoate, Natural Dill Flavouring, colour: Riboflavin.
Relish	Gherkin, Sugar, Spirit Vinegar, Water, Salt, Flavourings, stabiliser: Xanthan Gum.
Tomatoes	Tomatoes.

MILKSHAKES

Five Guys Milkshake Base	Reconstituted Skimmed Milk (MILK), Cream (MILK), Sugar, Water, Dextrose, Milk Solids (MILK), Emulsifiers: Mono and diglycerides of fatty acids, Propyleneglycol esters of fatty acids, stabilisers: Carrageenan, Guar Gum, Cellulose Gum, Natural Flavouring.
Whipped Cream	Cream (MILK); propellants: N2O, N2; emulsifier: Mono-and diglycerides; stabiliser: carrageenan.

MILKSHAKE MIX-INS

Banana	Bananas, Sugar, Water, Salt, Natural Flavouring, Preservative (Potassium Sorbate), Acidity regulator (Citric Acid).
Chocolate	Glucose syrup, Sugar, Water, Humectant (Glycerol), Chocolate (Cocoa Mass, Sugar, Dextrose, Emulsifier (SOYA Lecithins)) 7%, Fat reduced Cocoa Powder, Cocoa Extract, Preservative (Potassium Sorbate), Emulsifier (SOYA Lecithins), Natural flavourings, Colour (Plain Caramel).
Lotus Biscoff®	WHEAT flour, sugar, vegetable oils (palm oil from sustainable and certified plantations, rapeseed oil), candy sugar syrup, raising agent (sodium hydrogen carbonate), SOYA flour, salt, cinnamon.
Malted Milk	WHEAT (Wheat Flour and Malted Wheat), Malted BARLEY , Dried Whey (MILK), Calcium Carbonate, Dried Skimmed MILK , Sugar, Palm Oil, Salt, Anti-Caking Agent (E551), Vitamin Mix (Vitamin C, Niacin, Vitamin E, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Folic Acid, Biotin, Vitamin D, Vitamin B12), Ferric Pyrophosphate, Zinc Oxide.
OREO® Cookie	Wheat Flour (GLUTEN), Sugar, Palm oil, Fat Reduced Cocoa Powder, Wheat Starch Glucose-Fructose syrup (GLUTEN), Raising Agents: Potassium Hydrogen Carbonate, Ammonium Hydrogen Carbonate, Sodium Hydrogen Carbonate, Salt, Emulsifiers: SOYA Lecithin, Sunflower Lecithin, Flavouring: Vanillin.
REESE'S Peanut Butter Cups	Sugar**, PEANUTS , Dextrose, Cocoa butter, Cocoa Mass, Skimmed MILK Powder, MILK Fat, Lactose (MILK), Salt, Emulsifiers (SOYA Lecithin E322**, E476) Antioxidant (E319), Acidity Regulator (E330). ** Produced from genetically modified sugar beets and soy beans. Milk Chocolate contains Milk solids 14% minimum.
Peanut Butter	PEANUTS , PEANUT Oil, Sugar, Salt.
Salted Caramel	Glucose Syrup, Sugar, Water, Double Cream (MILK), Skimmed MILK powder, Salt, Acidity Regulator (Sodium Phosphates), Thickener (Pectins), Natural Flavouring.
Strawberry	Strawberry, Lemon Juice, Sugar, Pepper, Salt, Water, Natural Flavouring, Preservative (Potassium Sorbate), Acidity regulator (Citric Acid).

OTHER ITEMS

Bulk Peanuts	PEANUTS , Salt.
Malt Vinegar	Barley Malt Vinegar (GLUTEN), Barley Malt Extract (GLUTEN)
Egg*	EGG , Butter Alternative: Vegetable Oil (Rapeseed/Palm Oil), Salt, Emulsifier (Lecithin), Flavouring (MILK), Colour (Beta Carotene)

For ALLERGENS see ingredients in **BOLD**

* Available only at participating locations

We have systems in place to identify the 14 legal allergens in our food. Staff receive training regarding allergens and the preparation of meals for people with allergies. However, due to nature of our ingredients, preparation and cooking methods, THERE IS ALWAYS A RISK OF CROSS CONTAMINATION. Customers concerned with any food allergies/intolerances and sensitivities are advised that we cannot guarantee the absence of allergens in our food.

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