

INGREDIENTS GUIDE FOR USE IN UK LOCATIONS ONLY (for allergens see ingredients in BOLD) (*products at participating locations only)		FGJV ©2025 FGUK/A1/120225
MEAT		
<b>Bacon</b>	Pork, Curing Salt (Salt, Sodium Nitrite), Sodium Lactate, Triphosphates, Sugar, Sodium Isoascorbate, Sodium Ascorbate	
<b>Beef Burger Patty</b>	Ground Beef.	
<b>Hot-dog</b>	Beef, Water, Salt, Spices, Spice extracts, stabilisers: Disodium Dihydrogen Diphosphate, Sodium Acetate; Glucose syrup, Dextrose, Seasoning, antioxidant: Ascorbic acid, preservative: Sodium Nitrate, <b>SOYA</b> protein, Beech wood smoke.	
BUN		
<b>Burger Bun</b>	Our bread is a proprietary recipe. The primary ingredients are: <b>WHEAT</b> flour ( <b>GLUTEN</b> ), Water, Sugar, Vegetable fats, <b>MILK</b> , Dry yeast, <b>EGGS</b> , <b>GLUTEN</b> , <b>SESAME</b> seeds, Salt, <b>SOYA</b> flour acidity regulator Calcium Carbonate, Spirit vinegar.	
<b>Hot Dog Bun</b>	Our bread is a proprietary recipe. The primary ingredients are: <b>WHEAT</b> flour, Water, Sugar, Vegetable fats, <b>MILK</b> , Dry yeast, <b>EGGS</b> , <b>GLUTEN</b> , Salt, <b>SOYA</b> flour acidity regulator Calcium Carbonate, Spirit vinegar.	
FRIES		
<b>Five Guys Style</b>	Potatoes, <b>PEANUT</b> oil, Salt.	
<b>Cajun Seasoning</b>	Garlic, Salt, Onion, Paprika, Oregano, White pepper, Cayenne pepper, <b>CELERY</b> seeds, Rapeseed oil.	
TOPPINGS		
<b>BBQ Sauce</b>	Water, Sugar, Tomato Paste (Tomato Paste, Acidity Regulator: Citric Acid), Spirit Vinegar, Cane Molasses, Salt, <b>MUSTARD</b> Bran, Modified Maize Starch, Spices, Smoked Maltodextrin, Preservative (Potassium Sorbate), Caramelised Sugar Syrup.	
<b>Cheese</b>	Cheddar Cheese ( <b>MILK</b> ), Water, Butter ( <b>MILK</b> ), Cheese ( <b>MILK</b> ), <b>MILK</b> Proteins, Whey powder ( <b>MILK</b> ), Emulsifying Salt (Trisodium Citrate), Natural Cheese flavouring ( <b>MILK</b> ), Salt, acidity regulator: Lactic acid, preservative: Sorbic acid, Colours: Beta-carotene, Paprika extract, anticaking agent: Lecithin.	
<b>Green Peppers</b>	Green Peppers.	
<b>Grilled Mushrooms</b>	Mushrooms, Water, Sugar, Salt, acidity regulators: Citric acid, Ascorbic acid.	
<b>Hot Sauce</b>	Cayenne Red Peppers, Distilled Vinegar, Water, Salt, Garlic powder.	
<b>HP Brown Sauce</b>	Tomatoes, Malt vinegar ( <b>GLUTEN</b> ), Molasses, Glucose-fructose syrup, Spirit vinegar, Sugar, Dates, Corn flour, Rye flour ( <b>GLUTEN</b> ), Salt, Spices, Flavourings, Tamarind.	
<b>Jalapeño Peppers</b>	Jalapeño Peppers.	
<b>Tomato Ketchup</b>	Tomatoes, Spirit Vinegar, Sugar, Salt, Spice and Herb Extracts ( <b>CELERY</b> ), Spice.	
<b>Lettuce</b>	Lettuce	
<b>Mayo</b>	Rapeseed oil, <b>EGG</b> yolk, spirit vinegar, sugar, apple cider vinegar, salt, Water, ground <b>MUSTARD</b> seeds, antioxidant (calcium disodium EDTA), spice.	
<b>Mustard</b>	Spirit Vinegar, Water, <b>MUSTARD</b> Seed, Salt, Turmeric, Paprika, Spice, Flavouring, Garlic Powder.	
<b>Onions</b>	Onions.	
<b>Pickles</b>	Gherkins, Water, Spirit Vinegar, Salt, Firming Agent: Calcium Chloride, Acid: Lactic Acid, Natural Dill Flavouring.	
<b>Relish</b>	Gherkin, Sugar, Spirit Vinegar, Water, Salt, Flavourings, stabiliser: Xanthan Gum.	
<b>Tomates</b>	Tomatoes.	
MILKSHAKES		
<b>Five Guys Milkshake Base</b>	Reconstituted Skimmed Milk ( <b>MILK</b> ), Cream ( <b>MILK</b> ), Sugar, Water, Dextrose, Milk Solids ( <b>MILK</b> ), Emulsifiers: Mono and diglycerides of fatty acids, Propyleneglycol esters of fatty acids, stabilisers (Carrageenan, Cellulose Gum, Guar Gum), Natural Flavouring.	
<b>Whipped Cream</b>	Cream ( <b>MILK</b> ); propellants: N2O, N2; emulsifier: Mono-and diglycerides of fatty acids; stabiliser: carrageenan.	
MILKSHAKE MIX-INS		
<b>Banana</b>	Bananas, Sugar, Water, Salt, Natural Flavouring, Preservative (Potassium Sorbate), Acidity regulator (Citric Acid).	
<b>Chocolate</b>	Glucose syrup, Sugar, Water, Humectant (Glycerol), Chocolate (Cocoa Mass, Sugar, Dextrose, Emulsifier ( <b>SOYA</b> Lecithins)), Fat reduced Cocoa Powder, Cocoa Extract, Preservative (Potassium Sorbate), Emulsifier ( <b>SOYA</b> Lecithins), Natural flavourings, Colour (Plain Caramel).	
<b>Lotus Biscoff®</b>	<b>WHEAT</b> flour, sugar, vegetable oils (palm oil from sustainable and certified plantations, rapeseed oil), candy sugar syrup, raising agent (sodium hydrogen carbonate), <b>SOYA</b> flour, salt, cinnamon. Lotus Biscoff® is a trademark of Lotus Bakeries, used with permission.	
<b>OREO® Cookie</b>	<b>WHEAT</b> Flour ( <b>GLUTEN</b> ), Sugar, Vegetable Oil (Palm oil), Fat Reduced Cocoa Powder, <b>WHEAT</b> Starch ( <b>GLUTEN</b> ), Glucose-Fructose syrup, Raising Agents (Potassium Hydrogen Carbonate, Ammonium Hydrogen Carbonate, Sodium Hydrogen Carbonate), Salt, Emulsifiers: <b>SOYA</b> Lecithin, Sunflower Lecithin, Flavouring: Vanillin. <b>WHEAT</b> Flour ( <b>GLUTEN</b> ), Sugar*, Palm Oil, Canola Oil, Cocoa, Invert Sugar, Raising Agent (Baking Soda, Calcium Phosphate), <b>SOYA</b> Lecithin*, Salt, Chocolate, Natural Flavour. *Produced from genetically modified sugar beets and soy beans. OREO® is a registered trademark of Mondelez International group, used with permission	
<b>Popcorn - Sweet and Salted Popcorn Pieces in Popcorn Flavoured Syrup</b>	Sugar, Water, Corn Kernels, Rapeseed Oil, Natural Flavouring, Salt, E150a	
<b>Peanut Butter</b>	<b>PEANUTS</b> , <b>PEANUT</b> Oil, Sugar, Salt.	
<b>Mango</b>	Mango Puree, Water, Sugar, Acidity Regulators (Citric Acid, Ascorbic Acid)	
<b>Salted Caramel</b>	Glucose Syrup, Sugar, Water, Double Cream ( <b>MILK</b> ), Skimmed <b>MILK</b> powder, Salt, Acidity Regulator (Sodium Phosphates), Thickener (Pectins), Natural Flavouring.	
<b>Strawberry</b>	Strawberries, Sugar, Water, Natural Flavouring, Preservative (Potassium Sorbate), Acidity regulator (Citric Acid), Pepper, Salt.	
<b>Flake 99 Chocolate Bar*</b>	<b>MILK</b> , Sugar, Cocoa Mass, Cocoa Butter, Whey Powder (from <b>MILK</b> ), Vegetable Fats (Palm, Shea) Whole <b>MILK</b> Powder, Emulsifiers (E442, E476), Flavourings	
OTHER ITEMS		
<b>Veggie Sandwich</b>	Bun: <b>WHEAT</b> flour ( <b>GLUTEN</b> ), Water, Sugar, Vegetable fats, <b>MILK</b> , Dry yeast, <b>EGGS</b> , <b>GLUTEN</b> , <b>SESAME</b> seeds, Salt, <b>SOYA</b> flour acidity regulator Calcium Carbonate, Spirit vinegar. Toppings: Tomato, Grilled Onions, Grilled Mushrooms (Mushrooms, Water, Sugar, Salt, acidity regulators: Citric acid, Ascorbic acid), Lettuce, Green Peppers.	
<b>Cheese Veggie Sandwich</b>	Bun: <b>WHEAT</b> flour ( <b>GLUTEN</b> ), Water, Sugar, Vegetable fats, <b>MILK</b> , Dry yeast, <b>EGGS</b> , <b>GLUTEN</b> , <b>SESAME</b> seeds, Salt, <b>SOYA</b> flour acidity regulator Calcium Carbonate, Spirit vinegar. Toppings: Tomato, Grilled Onions, Grilled Mushrooms (Mushrooms, Water, Sugar, Salt, acidity regulators: Citric acid, Ascorbic acid), Lettuce, Green Peppers. Cheese: Cheddar Cheese ( <b>MILK</b> ), Water, Butter ( <b>MILK</b> ), Cheese ( <b>MILK</b> ), <b>MILK</b> Proteins, Whey powder ( <b>MILK</b> ), Emulsifying Salt (Trisodium Citrate), Natural Cheese flavouring ( <b>MILK</b> ), Salt, acidity regulator: Lactic acid, preservative: Sorbic acid, Colours: Beta-carotene, Paprika extract, anticaking agent: Lecithin.	
<b>Grilled Cheese</b>	Bun: <b>WHEAT</b> flour ( <b>GLUTEN</b> ), Water, Sugar, Vegetable fats, <b>MILK</b> , Dry yeast, <b>EGGS</b> , <b>GLUTEN</b> , <b>SESAME</b> seeds, Salt, <b>SOYA</b> flour acidity regulator Calcium Carbonate, Spirit vinegar. Cheese: Cheddar Cheese ( <b>MILK</b> ), Water, Butter ( <b>MILK</b> ), Cheese ( <b>MILK</b> ), <b>MILK</b> Proteins, Whey powder ( <b>MILK</b> ), Emulsifying Salt (Trisodium Citrate), Natural Cheese flavouring ( <b>MILK</b> ), Salt, acidity regulator: Lactic acid, preservative: Sorbic acid, Colours: Beta-carotene, Paprika extract, anticaking agent. Mayonnaise: Rapeseed oil, <b>EGG</b> yolk, spirit vinegar, sugar, apple cider vinegar, salt, ground <b>MUSTARD</b> seeds, antioxidant (calcium disodium EDTA), spice.	
<b>BLT</b>	Bun: <b>WHEAT</b> flour ( <b>GLUTEN</b> ), Water, Sugar, Vegetable fats, <b>MILK</b> , Dry yeast, <b>EGGS</b> , <b>GLUTEN</b> , <b>SESAME</b> seeds, Salt, <b>SOYA</b> flour acidity regulator Calcium Carbonate, Spirit vinegar. Toppings: Tomato, Lettuce. Bacon: Pork, Curing Salt (Salt, Sodium Nitrite), Sodium Lactate, Triphosphates, Sugar, Sodium Isoascorbate, Sodium Ascorbate. Mayonnaise: Rapeseed oil, <b>EGG</b> yolk, spirit vinegar, sugar, apple cider vinegar, salt, ground <b>MUSTARD</b> seeds, antioxidant (calcium disodium EDTA), spice.	
<b>Bulk Peanuts</b>	<b>PEANUTS</b> , Salt.	
<b>Egg*</b>	<b>EGG</b> , Butter Alternative: Vegetable Oil (Rapeseed/Palm Oil), Salt, Emulsifier (Lecithin), Flavouring ( <b>MILK</b> ), Colour (Beta Carotene)	